**Amherst Recreation: Athlete/Parent/Coach Code of Conduct**

This document presents the expectations for conduct from athletes, parents, and coaches at Amherst Rec Lacrosse. We hold athletes, parents, coaches, and community members to a high standard of sportsmanship. Enforcing this Code of Conduct allows Amherst Recreation to promote a safe, rewarding, and fun sports experience for our entire community.

Please read the document carefully.  Each participant, parent and coach is required to acknowledge the Code of Conduct online before the season begins, and must abide by the Code of Conduct throughout the entire season.  Parents please read this document with your child and discuss the importance of sportsmanship and what is expected of them.

Violations of the Code of Conduct may result in disciplinary action including suspension - either temporarily or permanently as determined by the Amherst Recreation Department and their Unsportsmanlike Conduct Policy.

**Athlete Code of Conduct**

* I will demonstrate good sportsmanship towards players, coaches, officials, opponents, and parents at every game and practice, no matter win or lose.
* I will learn the value of commitment by participating in as many practices and games as I can.
* I will encourage my teammates and praise good efforts.
* I will be honest, fair, and respectful to others at all times.
* I will aim to learn all I can from sports.
* I will arrive at practice on time and be ready to dedicate my attention to my coaches.

**Parent Code of Conduct**

* I will put the emotional and physical well-being of youth participants ahead of a personal desire to win.
* I will respect players, coaches, officials, spectators, and families at all times.
* I will respect the decisions of officials and coaches.
* I will not engage in any violence or verbal threats or use any profanity.
* I will not yell advice to my child during a game.
* I will model good sportsmanship for all youth participants.
* I will not belittle or ridicule anyone involved in a youth sporting event–in public, private, in-person, or online.
* I will do my part to keep sports fun and positive for every youth participant.

**Coaches Code of Conduct**

* I will coach with the goal of creating a positive learning experience for athletes. Winning games is secondary to building a positive youth sports experience for my players, parents of my players, and opposing teams.
* I will put the emotional and physical well-being of youth participants ahead of a personal desire to win.
* I will follow all safety protocols of the league.
* I will under no circumstances engage in an argument with any game official. Any discussions or conversations with officials will be in a respectful tone.
* I will not belittle or ridicule anyone involved in a youth sporting event-in public, private, in person, or online.
* I will treat opposing coaches and athletes with respect and represent my community in a positive manner.

**Amherst Recreation: Unsportsmanlike Conduct Policy**

If an athlete, coach or parent acts in an unsportsmanlike manor:

**1st Offense:**

Athlete: They will not be able to participate in the rest of the current game AND the entirety of the following game.

Coach: They will not be able to participate in the rest of the current game AND the entirety of the following game. They must leave the premises.

Parent: They will not be able to spectate for the rest of the current game AND the entirety of the following game. They must leave the premises.

**2rd Offense:**

Athlete: Removed from the team for the remainder of the season.

Coach: Removed from the team for the remainder of the season. Not allowed on the premises.

Parent: Removed from the sidelines for the remainder of the season. Not allowed on the premises.